

OUR MOVEMENT
BREAKS WORK
WONDERS....

for everyone









## **READ OUR CUSTOMER REVIEWS**



This has been a wonderful addition to our school and a wonderful resource that supports Self regulation and movement breaks. As a school we have found it is a great transitional activity for children and the whole school is benefiting from the circuit multiple times in the day.

Catherine O'Shea (Ballyfinane N.S)



Thank you so much for the wonderful pathway! I wish we had captured the children's reactions when they saw the different parts so we could show you - they were absolutely thrilled. Our older children absolutely love the regulation station.

The students really loved all of the new additions they will really

\* \* \* \* \*

Pavel was absolutely amazing - so patient and an absolute perfectionist. He was so good to deal with.

Maria O Rourke (St Peter's National School)

\* \* \* \*













Marie Crowlev

Scoil Chlochair Mhuire



help with the year ahead.



# WORK WONDERS ... for students, Teachers & ISA's



## Consistent & Structured Movement Breaks

Benefits for Students:

The visual consistency in itself is highly regulating for a child. Benefits for Teachers:

Ability to estimate time student will be asbent from the classroom for lesson planning.

ISA (SNA):

Benefits from a structured support program to enable a student to return to class quickly having their sensory needs met.



## It's Brain Science - Widely Endorsed

SUPERCALM's approach centers around purposeful exercises and movements, scientifically shown to increase the production of calming neurotransmitters like serotonin and dopamine. These activities help counterbalance the sensory demands and stressors of the school environment, promoting better emotional regulation.



## Universal in Design

SUPERCALM Sensory products are designed to be engaging to all primary school age groups and all need levels. The playful graphics aim to encourage child led 'guided' regulating movement breaks. Its based on imaginative and interpretive play to support a child as they inately meet their sensory needs by following the floor and wall visuals which are designed in a alerting, calming org











# SENSORY PATHWAYS....Universal Movement Break

**€1229**\*

★ INCLUDES VAT @ 23%, EXCLUDES DELIVERY OR INSTALLATION



- Offer Structured Daily Breaks
- Emotional Regulation
- Universal Design
- Suitable for all age groups

#### **BONUS - UNIVERSAL IN DESIGN**

Non prescriptive flexible indoor solution for universal movement breaks. As its based on interpretive play using the sensory pathway visual graphics a user can innately move to meet their unique sensory requirements, helping them feel regulated and in a position to engage in classroom activities.

#### **IDEALLY SUITED**

Everyone!, very helpful for students with emotional regulation motor, learning, attention challenges.

#### WHEN TO USE:

Daily calming movement break
Students are deregulated
Regulate emotions prior to a transition in the students schedule
Build combination of gross motor skills & muscle strength
improve crossing mid line & bilateral coordination.









# GUIDE PRICE LIST ... Movement Break Sensory Pathways

#### **School Type**

- Crèche
- Montessori
- Special School
- Mainstream Primary School
- Special Class Primary School
- Mainstream Secondary School
- Special Class Secondary School
- Therapy Clinic

#### Sensory Feedback Goal

- Proprioceptive Sensory Input
- Vestibular Sensory Input
- Tactile Sense

#### **Sensory Profile**

- **ASD**
- ADHD/ADD
- ODD
- SPD/DCD
- Learning Disorders
- Anxiety Disorders
- Trauma

#### **Functional Benefits**

- **Emotional Regulation**
- **Body Regulation**
- Strengthens Muscular System
- Strengthens Gross/Fine Motor Skills
- Strengthens Visual Motor Skills
- Strengthens Crossing Mid line
- Strengthens Bilateral Coordination

## 10m LENGTH



MINI SENSORY PATHWAY PACKAGE

School Type: Limited Space

Material: Premium Vinyl Anti Slip Laminate

Emotions Visual:	<b>②</b>
Animal Walk Spinner	
Wall Sensory Stations	<b>O</b>

★ Includes VAT @ 23%, Excludes Installation

Install: Recommended

Delivery Available: Yes





STANDARD SENSORY PATHWAY PACKAGE

School Type: 250-450 PUPILS

Material: Premium Vinyl Anti Slip Laminate

Emotions Visual:	<b>Ø</b>
Animal Walk Spinner	<b>Ø</b>
Wall Sensory Stations	<b>②</b>

★ Includes VAT @ 23%, Excludes Installation

Delivery Available: Yes

Install: Recommended

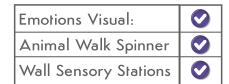
## 25m LENGTH



SUPER SENSORY PATHWAY PACKAGE

School Type: 450+ PUPILS

Material: Premium Vinyl Anti Slip Laminate





Delivery Available: Yes Install: Recommended







Wall Sensory Stations











# DEEP PRESSURE STATION ... Effective Movement Break

**€1229**\*

★ INCLUDES VAT @ 23%, EXCLUDES DELIVERY OR INSTALLATION



- ▼ Emotional Regulation
- Builds Muscle Strength (Core!)
- Brain Boosting Exercises
- Suitable for all age groups

#### **BONUS - BRAIN BOOSTING**

Targeted, purposeful movements designed to strengthen connectivity between the brain's left and right hemispheres. These exercises build new, stronger neural pathways, supporting smoother, more balanced, and coordinated movements.

#### **IDEALLY SUITED**

Everyone!, very helpful for students with emotional regulation motor, learning, attention challenges.

#### WHEN TO USE:

Meet a High Sensory Need
Students is Highly Deregulated
Daily Calming Movement Break
Regulate Emotions Prior to a Transition in the Students Schedule
Build Combination of Gross Motor Skills & Muscle Strength
Improve Crossing Mid line & Bilateral Coordination









# GUIDE PRICE LIST ... Deep Pressure Regulation Station



#### **School Type**

- Crèche
- Montessori
- Special School
- Mainstream Primary School
- Special Class Primary School
- O Mainstream Secondary School
- O Special Class Secondary School
- Therapy Clinic

#### Sensory Feedback Goal

- Proprioceptive Sensory Input
- Vestibular Sensory Input
- Tactile Sense

#### **Sensory Profile**

- ASD
- ADHD/ADD
- SPD/DCD
- Learning Disorders
- Anxiety Disorders
- Trauma

#### **Functional Benefits**

- Emotional Regulation
- Body Regulation
- Strengthens Muscular System
- Strengthens Gross/Fine Motor Skills
- Strengthens Visual Motor Skills
- Strengthens Crossing Mid line
- Strengthens Bilateral Coordination

# **TRIPLE**

WITH MIRROR



School Type: Junior- Senior School Dimensions: 2400mm x 2400mM

#### Resistant Bands Knotted Rope Punch Pads Mirror & Bar Set

Direct to Wall	Mounted to Panel
(Smooth Surface)	(Breeze Block, Uneven Surface)
€1375 <sup>*</sup>	€1575 <sup>*</sup>

## **DOUBLE**



School Type: Junior- Second Level Dimensions: 1600mm x 2400mm

Resistant Bands	0
Knotted Rope	
Punch Pads	
Mirror & Bar Set	

Direct to Wall (Smooth Surface)	Mounted to Panel (Breeze Block, Uneven Surface)
€859 <sup>*</sup>	€1105 <sup>*</sup>

## SINGLE



School Type: Junior- Second Level Dimensions: 800mm x 2400mm

Resistant Bands	
Knotted Rope	
Punch Pad	0
Mirror & Bar Set	

Direct to Wall	Mounted to Panel
(Smooth Surface)	(Breeze Block, Uneven Surface)
€620 <sup>*</sup>	€699*

\* Includes VAT @ 23%, Excludes Instalation & Delivery Delivery Available: Yes

School Type: Junior- Senior School

Dimensions: 2400mm x 2400mm

Resistant Bands

Mirror & Bar Set

Knotted Rope

Punch Pads

Direct to Wall

€1229

**TRIPLE** 

**BEST** 

**SELLER** 

- Installation: Dublin:€600 Lenister: €600 Ulster: €800 Munster€800 Connaught: €800







Mounted to Panel





DEEP PRESSURE STATION ... Effective Movement Break

**€1229**\*













# WALKING WALLS ... Effective Movement Break





- Emotional Regulation
- Builds Muscle Strength (Core!)
- Brain Boosting Exercises
- Suitable for all age groups

#### **BONUS - UNIVERSAL IN DESIGN**

Highly engaging solution for universal movement breaks.

Targeted, purposeful movements designed to strengthen gross and fine motor skills. Used on a consistent basis improves connectivity between the brain's left and right hemispheres. creating stronger neural pathways, supporting smoother, more balanced, and coordinated movements.

#### **IDEALLY SUITED**

Everyone!, very helpful for students with emotional regulation praxis, learning, attention challenges.

#### WHEN TO USE:

Daily calming movement break Build combination of gross motor skills & muscle strength improve crossing mid line & bilateral coordination.

INCLUDED SAFETY MATS THAT CLIPS TO WALL WHEN NOT IN USE









# YARD SENSORY CIRCUIT .... Break Time Activity



IDEAL YARD FUN FOR ALL STUDENTS TO USE AT BREAK TIMES OR AS A STRUCTURED OUTDOOR MOVEMENT BREAK OPTION FOR DAILY REGULATION.

Kit Includes: 12 X 120cm x 40cm Single Sided Regulating Movement Wall Boards.

The boards are designed to offer a COMPLETE PROGRAM WITH:

**BREATHING VISUAL X 2, EMOTIONAL AWARENSS VISUAL X 1** 

ALERTING MOVEMENTS X 3, CALMING MOVEMENTS X 3 & ORGANISING MOVEMENT X 3

Each board is specifically designed to help staff easily identify the challenge, expected sensory activation, and the typical sensory outcomes associated with each side, supporting students with targeted regulation activities.





Easy to Install









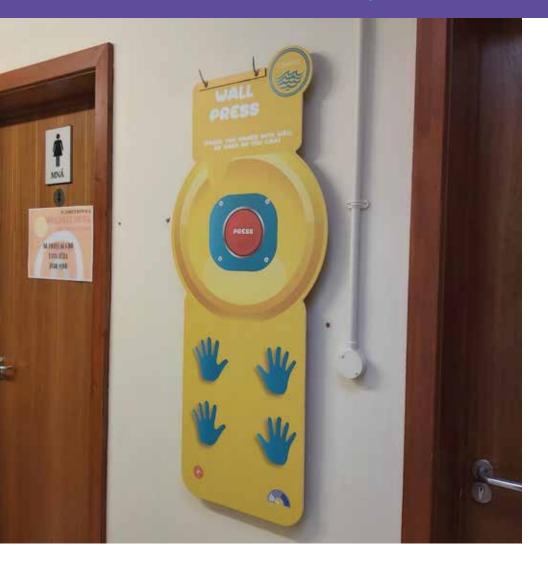




# DOUBLE SIDED PANELS ... Effective Movement Break



€1225\*



- Emotional Regulation
- Adaptable 2 Sided
- Empowers Students with Choice
- Demonstrates Progression

BONUS - 12 DOUBLE SIDED - ADAPTABLE FOR EVERY NEED!
Our 2-sided movement break wall boards are designed to provide flexible sensory support for students. Each board offers two levels of movement activities to suit a student's needs at any given moment:

Side 1: Lower intensity movement for gentle engagement Side 2: More complex or dynamic movement

#### **IDEALLY SUITED**

Everyone!, very helpful for students with emotional regulation motor, learning, attention challenges.

#### WHEN TO USE:

Daily calming movement break Students are deregulated Regulate emotions prior to a transition in the students schedule



















# REGULATION STATION ... Spinning Movement Break





SUPER fun regulation stations that can be located on a quiet corridor or in an activity room in a school. Choose from 2 sizes of spinning wheel in either the **Core & Calm** using a gym ball & floor matt or our **Yoga Movement** which uses just a floor mat. Both bundles come with a header panel and spinning wheel for wall mounting, a foldable floor mat & wall hook to position under the wheel for easy access.



# ROYALIST BLAC

## **CORE & CALM BUNDLE**

- Emotional Regulation
- Builds Core Strength
- Builds Balance & Coordination

## YOGA MOVEMENT BUNDLE

- Emotional Regulation
- Supports Motor Planning Skills
- Introduces Yoga as a Life skill









# MONKEY MOVEMENTS ... Effective Movement Break

€1229\*





- ▼ Emotional Regulation
- Meets High Sensory Need
- Builds Muscle Strength (Core)
- Suitable for all age groups

#### **BONUS - UNIVERSAL IN DESIGN**

Non prescriptive flexible indoor solution for universal deep pressure movement breaks. Pull, push, hang, stretch, lift, grip, climb - amazingly versatile equipment with a wide variety of movements suitable for all levels of ability.

#### IDEALLY SUITED

Everyone!, very helpful for students with emotional regulation motor, attention, core strength challenges.

#### WHEN TO USE:

Meet a High Sensory Need Student is Highly Deregulated Daily Calming Movement Break Regulate Emotions Prior to a Transition in the Students Schedule Build Combination of Gross Motor Skills & Muscle Strength Improve Crossing Mid line & Bilateral Coordination

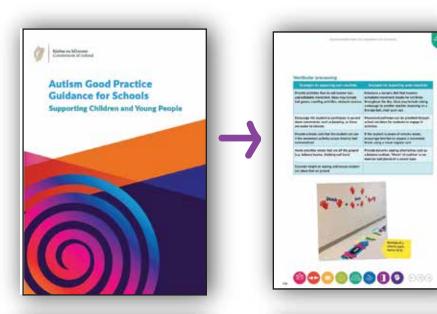








## GOVERNMENT ENDORSED, EVIDENCE BASED, PROVEN APPROACH TO EMOTIONAL REGULATION

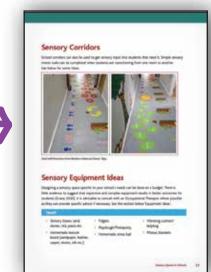


This Government of Ireland
Autism Good Practice Guidance for
Schools is designed to support
educators in creating learning
environments that are conducive
to the unique needs of students
with autism.

One of the key highlights of this guidance is the endorsement of sensory pathways as a suitable and proven method for providing effective movement breaks for students with autism.







NCSE have prepared a guide for educators **Sensory Space in Schools**. It is based on researched evidence and therapists' professional experience of working with schools.

Sensory Space in School. This is a invaluable resource for all schools embarking on their inclusion journey.

Sensory corridors are promoted to support transitions between classes and are an i deal tool for movement breaks







ncsess

Sensory Spaces in Schools





# OUR MOVEMENT BREAKS.....the longer term benefits

**IMPROVES** 

SENSORY INPUT

**GROSS & FINE MOTOR SKILLS** 

**MUSCLE STRENGTH & FITNESS** 

**VISUAL MOTOR SKILLS** 

**COGNITIVE FUNCTION SKILLS** 

**GAME PLAY OPPORTUNITIES** 

## **BENEFITS**





& Sequencing

Endurance levels







& Balance





















Focus & Attention



Positive Social





















